211 Ontario

United Way Oxford

2026 OXFORD COUNTY HOLIDAY SHARING GUIDE

YOUR COMMUNITY GUIDE TO LOCAL GIFT AND TOY PROGRAMS, FOOD DRIVES AND HOLIDAY MEALS, MAKING IT EASIER TO GIVE OR GET HELP THIS WINTER!

CALL 2-1-1 FOR INFORMATION ON COMMUNITY, GOVERNMENT, SOCIAL AND HEALTH SERVICES. AVAILABLE 24/7/365

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Ingersoll

Cycles of Life, Ingersoll

PROGRAM	Community Outreach Tables
SERVICES	Free food, hygiene products, clothing, and footwear for those in need.
ELIGIBILITY	Anyone who self-identifies as needing food, hygiene products, clothing, or footwear.
HOW TO APPLY	No registration required; the table is open on Tuesdays from 1:00 pm to 3:00 pm.
LOCATION	190 Thames St. S., Ingersoll
COVERAGE	Oxford County
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com

Ingersoll and District Inter-Church Committee

PROGRAM	Caring Through Sharing
SERVICES	Food hampers, home delivery of hot meals, support for individuals experiencing difficult financial times or unexpected expenses (such as rent arrears), utility assistance, some medical/dental costs, and Christmas hampers.
ELIGIBILITY	Individuals or families with food or financial insecurities
HOW TO APPLY	Call for information
WHEN TO APPLY	Christmas hamper registration closes on November 30; contact Inter-Church for details on other programs.
LOCATION	56 Thames St. S, Ingersoll
COVERAGE	Oxford County, Middlesex County
CONTACT	519-933-7730 (Please leave a message) interchurch2005@gmail.com

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The Salvation Army, Ingersoll

PROGRAM	Community and Family Services
SERVICES	The food bank provides a 7- to 10-day food supply each month, with extra assistance as needed. The thrift store offers new and used clothing and household items at a reduced price.
ELIGIBILITY	Thrift store: No eligibility requirements. Food bank: Each client must complete a needs assessment and provide proper ID, proof of address, and proof of income.
HOW TO APPLY	The thrift store has no application process. To apply for the food bank, please call 519-485-4961.
LOCATION	48 Charles St. W, Ingersoll
COVERAGE	Oxford County

Ingersoll Services for Seniors

PROGRAM	Ingersoll Services for Seniors
SERVICES	Foot care clinics, frosty meals, home help and maintenance services, home support, hot meals on wheels, information and referral, telephone reassurance, volunteer transportation services, equipment lending service including assistive devices and medical equipment. The activity centre also offers a variety of recreational programs and activities.
ELIGIBILITY	50+
HOW TO APPLY	New clients for Community Support Services should call 1-888-866-7518 to register; the application process varies by program.
WHEN TO APPLY	Anytime
LOCATION	250 Ingersoll St. S, Ingersoll
COVERAGE	Oxford County
CONTACT	(519) 485-3869 info@ingersollseniors.com

STICH Supper Club

SERVICES	Weekly hot meal for anyone in Oxford County.
ELIGIBILITY	Available to anyone who would like a prepared, nutritious meal and a welcoming, inclusive atmosphere.
HOW TO APPLY	No application required; walk-in.
LOCATION	Trinity United Church, 118 Church St., Ingersoll
COVERAGE	Oxford County
CONTACT	www.stichsupperclub.ca | stichsupperclub@gmail.com

VON Oxford County, Ingersoll

SERVICES	Adult day program, shower program, Meals on Wheels, bereavement support program, blood pressure and cardiovascular health awareness clinic, friendly visiting volunteer program, Home at Last Program, hospice visiting program, exercise program, special services at home and passport programs, transportation services.
ELIGIBILITY	Older adults, people with disabilities, and their caregivers who need physical, social, or emotional support.
HOW TO APPLY	Program-dependent; contact oxford.intake@von.ca for more information.
LOCATION	121 Thames St. N., Ingersoll
COVERAGE	Oxford County
CONTACT	https://von.ca/en/locations/oxford | 519-539-1231

The Lunch Bunch

SERVICES	Offers free hot lunch for elementary students and adults in the community; buses kids from their Ingersoll schools to the church and back for a hot lunch during the school year - arranged through the school principal on a yearly basis.
ELIGIBILITY	Individuals or families in need
HOW TO APPLY	Walk-in; students can apply during the school year.
LOCATION	St Paul's Presbyterian Church, 56 Thames St. S., Ingersoll
COVERAGE	Oxford County
CONTACT	519-485-3390

Woodstock

Cycles of Life, Woodstock

PROGRAM	Community Outreach Tables
SERVICES	Free food, hygiene products, clothing, and footwear for those in need.
ELIGIBILITY	Anyone who self-identifies as needing food, hygiene products, clothing, or footwear.
HOW TO APPLY	No registration required; the table is open Mondays, Wednesdays, and Fridays from 1:00 pm to 3:00 pm.
LOCATION	22 Wilson St., Woodstock
COVERAGE	Oxford County
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com

Operation Sharing, Woodstock

PROGRAM	Day space, The INN, and The INN-Out of the Cold, Food for Friends, the Sharing Table, Christmas Place Store, Coats for Kids/Adults.
SERVICES	Emergency shelter, day space, food bank, hot meals, winter essentials, holiday gifts.
ELIGIBILITY	Shelter access requires approval and is available to those aged 18+; Food for Friends: first-time users must provide proof of County residency and ID for everyone in the household who will access the program; The Sharing Table: all are welcome; The Christmas Place Store: Oxford County residents only, registration is required, and an invitation is needed; Coats for Kids/Adults: all are welcome.
HOW TO APPLY	Please contact 519-320-1372 or jess@operationsharing.ca for more information.
LOCATION	Day Space (with all programs): 22 Wilson St., Woodstock; The Inn (overnight): 723 Dundas St., Woodstock
COVERAGE	Oxford County
CONTACT	www.operationsharing.ca

VON Oxford, Woodstock

SERVICES	Adult day program, shower program, Meals on Wheels, bereavement support program, blood pressure and cardiovascular health awareness clinic, friendly visiting volunteer program, Home at Last Program, hospice visiting program, exercise program, special services at home and passport programs, transportation services.
ELIGIBILITY	Older adults, people with disabilities, and their caregivers who need physical, social, or emotional support.
HOW TO APPLY	Program-dependent; contact oxford.intake@von.ca for more information.
LOCATION	550 Ingersoll Ave., Woodstock
COVERAGE	Oxford County
CONTACT	https://von.ca/en/locations/oxford | 519-539-1231

The Salvation Army, Woodstock

SERVICES	Food services for those facing food insecurity; Low-income Energy Assistance Program, Ontario Electricity Support Program.
ELIGIBILITY	All assistance programs require customers to provide and update their file regularly with identification for all individuals being served. Some programs require additional information to be provided.
HOW TO APPLY	Most programs require an intake process. Call 519-539-9345 to book an appointment.
LOCATION	769 Juliana Dr., Woodstock
COVERAGE	Oxford County
CONTACT	519-539-9345 | https://www.woodstocksalvationarmy.ca/ | WoodstockCC.info@salvationarmy.ca

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Tillsonburg

Cycles of Life, Tillsonburg

PROGRAM	Community Outreach Tables
SERVICES	Free food, hygiene products, clothing, and footwear for those in need.
ELIGIBILITY	Anyone who self-identifies as needing food, hygiene products, clothing, or footwear.
HOW TO APPLY	No registration required; the table is open on Thursdays from 10:30 am to 12:30 pm.
LOCATION	Upper Deck Youth Centre, 19 Queen St., Tillsonburg
COVERAGE	Oxford County
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com

Community Kitchen

SERVICES	Provides hot meals for anyone in need on Saturdays between 11: 30 am and 12:30 pm. Doors open at 10:30 am for coffee and tea; takeout meals available. The Community Closet is open on Saturdays between 10:30 am and 12:30 pm.
ELIGIBILITY	Open to individuals and families in need of a meal
HOW TO APPLY	Walk-in
LOCATION	St. Paul's United Church, 88 Bidwell St., Tillsonburg
COVERAGE	Oxford County
CONTACT	519-403-4192 | kjavery1@gmail.com

VON Oxford, Tillsonburg

SERVICES	Adult day program, shower program, Meals on Wheels, bereavement support program, blood pressure and cardiovascular health awareness clinic, friendly visiting volunteer program, Home at Last Program, hospice visiting program, exercise program, special services at home and passport programs, transportation services.
ELIGIBILITY	Older adults, people with disabilities, and their caregivers who need physical, social, or emotional support.
HOW TO APPLY	Program-dependent; contact oxford.intake@von.ca for more information.
LOCATION	24 Brock St. W., Tillsonburg
COVERAGE	Oxford County
CONTACT	https://von.ca/en/locations/oxford | 519-539-1231

Helping Hand Food Bank

SERVICES	Food bank serving anyone in Tillsonburg who needs food due to financial reasons.
ELIGIBILITY	Individuals who are unemployed, single parents, youth, pensioners, low-income families, and are living in Tillsonburg,
HOW TO APPLY	Call for information (519-688-3434). The following documents are required: proof of identity for each recipient, address, financial information, expenses.
LOCATION	131B Rolph St., Tillsonburg
COVERAGE	Tillsonburg
CONTACT	519-688-3434 | coordinatorhhfbtburg@gmail.com

The Salvation Army, Tillsonburg

SERVICES	Daily meals and take-home options for those facing food insecurity, clothing assistance, thrift store, Low-income Electric Assistance Program, Christmas hampers.
ELIGIBILITY	Clothing assistance: low-income individuals and families in need; Low-income Electric Assistance Program: applicant must have received a disconnection notice, the bill must be in the applicant's name, and the applicant must have attempted to pay the arrears.
HOW TO APPLY	Call 519-842-3231 ext. 102 for more information.
LOCATION	110 Concession St. W, Tillsonburg
COVERAGE	Tillsonburg, South-West Oxford
CONTACT	519-842-3231 ext. 104 or 102 | https://www.woodstocksalvationarmy.ca/ | cfstillsonburg@salvationarmy.ca

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Operation Sharing, Tillsonburg

PROGRAM	The INN
SERVICES	Provides shelter for those aged 16+, including an evening meal, breakfast, and access to washrooms, laundry, and showers between 4 pm and 8 am. The room has heat and air conditioning with a divider between men's and women's spaces.
ELIGIBILITY	Individuals 16 years and older seeking temporary shelter
HOW TO APPLY	Walk-in. If you arrive after 11 pm, please go to the police station to be escorted (safety precaution).
LOCATION	Avondale United Church, 60 Harvey St., Tillsonburg
COVERAGE	Oxford County
CONTACT	519-320-1372 | www.operationsharing.ca

Tillsonburg and District Multi-Service Centre

SERVICES	Employment & literacy services, services for employers, services for job seekers, services for youth, services for learners, adult literacy and essential skills, home support services, meal delivery service, assisted living program, housekeeping, home at last, transportation, foot care.
ELIGIBILITY	Varies with program.
HOW TO APPLY	Please call 519-842-9000 for more information.
LOCATION	96 Tillson Ave., Tillsonburg
COVERAGE	Tillsonburg
CONTACT	519-842-9000 | info@multiservicecentre.com | www.multiservicecentre.com

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Emergency Food Pantry / Rent & Hydro Assistance

SERVICES	Emergency food for individuals in need (not a food bank) in Tillsonburg. May provide utilities and rent support in emergencies if funds are available. Winter clothing when available.
ELIGIBILITY	Tillsonburg residents.
HOW TO APPLY	Drop-in or phone
LOCATION	St. Mary's Roman Catholic Church, 51 Venison St. W., Tillsonburg
COVERAGE	Tillsonburg
CONTACT	519-842-3224 ext. 5 | stmarys.ssvp@gmail.com | https://etcfp.dol.ca/st-vincent-de-paul

Norwich

The Salvation Army, Norwich

SERVICES	Food bank, food assistance, formula and diapers (when available), energy program assistance, assistance provided for hydro and heating programs, clothing vouchers twice a year upon eligibility, thrift store, Christmas hampers.
ELIGIBILITY	Food Bank: Individuals and families; Emergency Housing: Low-income individuals and families facing homelessness, 18 years or older, or accompanied by someone over 18; Christmas hampers: ID and income/expense statements required.
HOW TO APPLY	Call 519-863-6375 for more information. Christmas hamper application deadline is December 4, 2026.
LOCATION	18 Main St. W., Norwich
COVERAGE	Oxford County
CONTACT	519-863-6375 | April.Greenwood@salvationarmy.ca

Tavistock

Tavistock Assistance Program

PROGRAM	Community Support Service
SERVICES	Tavistock Assistance Program (T.A.P.) is a community support system that offers services to help community members during times of duress and hardship. TAP is not designed to sustain.
ELIGIBILITY	Residents within Highway 59 corridor, Tavistock, Hickson, Shakespeare and families of children enrolled at Sprucedale Public School, Hickson Central Public School and Tavistock Public School.
HOW TO APPLY	By appointment only.
LOCATION	Tavistock Missionary Church, 77 Mogk St. N, Tavistock
COVERAGE	Tavistock, Hickson, Shakespeare
CONTACT	519-655-3500 | tapisforyou@outlook.com | www.tapisforyou.com

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Thamesford

Cooking Connexion

SERVICES	Cooking Connexion prepares nutritious, home-style cooking, and everyone participates in the preparation, cooking and clean-up. Please note the fee of $10.
ELIGIBILITY	Single individuals in Thamesford and the surrounding area.
HOW TO APPLY	Call and reserve one week ahead.
LOCATION	Westminister United Church, 115 George St., Thamesford
COVERAGE	Thamesford and surrounding area.
CONTACT	519-533-7515 | mbardoel@rogers.com

Cycles of Life, Thamesford

PROGRAM	Community Outreach Tables
SERVICES	Free food, hygiene products, clothing, and footwear for those in need.
ELIGIBILITY	Anyone who self-identifies as needing food, hygiene products, clothing, or footwear.
HOW TO APPLY	No registration required; the table is open Thursdays from 2:00 pm to 4:00 pm.
LOCATION	Westminster United Church, 115 George St., Thamesford
COVERAGE	Oxford County
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com

London

Southwest Ontario Aboriginal Health Access Centre

PROGRAM	Aboriginal Health Access Centre
SERVICES	Health centre focused on family and community health; health professionals assess and treat non-life-threatening injuries or illnesses; referrals to other local health services; and personal development groups available on and off reserves. Community-led health teams develop programs to improve the social supports and conditions that affect long-term health; culturally appropriate programs and services for Indigenous peoples; combining traditional healing and Western medical practices;
ELIGIBILITY	Indigenous communities; applicants must be residing in Southwestern Ontario.
HOW TO APPLY	Call 519-672-4079 or visit the location in London. Health card and certificate of Indian status (if applicable) required.
LOCATION	493 Dundas St., London
COVERAGE	Oxford County, Bruce County, Chatham-Kent County, Elgin County, Essex County, Grey County, Huron County, Lambton County, Middlesex County, Norfolk County, Perth County.
CONTACT	519-672-4079 | info@soahac.on.ca | soahac.on.ca/service/london

Ingersoll

Cycles of Life, Ingersoll

PROGRAM	Community Outreach Tables
DONATIONS OF	Non-perishable items, clothing, footwear, hygiene products.
HOW TO DONATE	Visit any of the outreach table locations during operating hours, the Ingersoll Library (130 Oxford St., Ingersoll) or the Tillsonburg Library (2 Library Lane, Tillsonburg).
WHEN TO DONATE	Year-round.
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com
VOLUNTEER POSITION	A variety of volunteer positions are available, including supporting community tables, picking up or dropping off donations, and helping with events.
HOW TO SIGN UP	Visit https://www.cyclesoflife.ca/volunteer

The Salvation Army, Ingersoll

PROGRAM	Thrift Store
DONATIONS OF	New and gently used clothing and household goods. Specific donation requests will be posted on their Facebook.
HOW TO DONATE	Drop off donations at 48 Charles St. W., Ingersoll on Mondays, Wednesdays, Fridays, and Saturdays between 10 am and 4 pm.
WHEN TO DONATE	Year-round.
CONTACT	519-485-4961 | ingersoll@salvationarmy.ca

STICH Supper Club

VOLUNTEER POSITION	Thursday Night Supper Club volunteers.
HOW TO SIGN UP	http://www.stichsupperclub.ca/www.volunteer-sign-up. Please fill out the form by 5 pm on the Wednesday night before the shift.
TIME SLOT	4:15 pm to 7 pm on Thursdays.
CONTACT	lindajjsmith@sympatico.ca

Ingersoll Services for Seniors

VOLUNTEER POSITION	Transportation volunteers; Meals on Wheels; Home help & maintenance providers; Income tax clinics; Cleaning of assistive devices.
HOW TO SIGN UP	Contact Karen: 519-485-2269 or css@ingersollseniors.com, for more information.
CONTACT	519-485-2269 | css@ingersollseniors.com

Woodstock

Cycles of Life, Woodstock

PROGRAM	Community Outreach Tables
DONATIONS OF	Non-perishable items, clothing, footwear, hygiene products.
HOW TO DONATE	Visit any of the outreach table locations during operating hours, the Ingersoll Library (130 Oxford St., Ingersoll) or the Tillsonburg Library (2 Library Lane, Tillsonburg).
WHEN TO DONATE	Year-round.
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com
VOLUNTEER POSITION	A variety of volunteer positions are available, including supporting community tables, picking up or dropping off donations, and helping with events.
HOW TO SIGN UP	Visit https://www.cyclesoflife.ca/volunteer

Operation Sharing, Woodstock

DONATIONS OF	Essential items: blankets, coats, winter clothing, non-perishable food, toiletries.
HOW TO DONATE	Winter items can be donated at 22 Wilson St., Woodstock, Monday to Friday, 9:00 am to 3:30 pm. Please contact 519-320-1372 for more information on donating other items.
WHEN TO DONATE	Year-round.
LOCATION	22 Wilson St., Woodstock
CONTACT	519-320-1372 | support@operationsharing.ca

VON Oxford, Woodstock

VOLUNTEER POSITION	Client and family advisors; transportation; volunteer visits; security checks/reassurance calls; adult day program; home maintenance; office administration; Meals on Wheels.
HOW TO SIGN UP	https://von.ca/en/volunteer
CONTACT	519-539-1231 | adminvonoxford@von.ca

The Salvation Army, Woodstock

DONATIONS OF	Non-perishable food items
HOW TO DONATE	Please contact WoodstockCC.Info@salvationarmy.ca before collecting items for donation, as space is limited.
WHEN TO DONATE	Year-round.
LOCATION	769 Juliana Dr., Woodstock
CONTACT	WoodstockCC.Info@salvationarmy.ca

Tillsonburg

Cycles of Life, Tillsonburg

PROGRAM	Community Outreach Tables
DONATIONS OF	Non-perishable items, clothing, footwear, hygiene products.
HOW TO DONATE	Visit any of the outreach table locations during operating hours, the Ingersoll Library (130 Oxford St., Ingersoll) or the Tillsonburg Library (2 Library Lane, Tillsonburg).
WHEN TO DONATE	Year-round.
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com
VOLUNTEER POSITION	A variety of volunteer positions are available, including supporting community tables, picking up or dropping off donations, and helping with events.
HOW TO SIGN UP	Visit https://www.cyclesoflife.ca/volunteer

GIVE HELP

Tillsonburg Kinettes

DONATIONS OF	New hats, mittens, and gloves.
HOW TO DONATE	Drop off donations to Co-Operators C.L. Smith Insurance Group Inc., 19 Baldwin St., Unit D, Tillsonburg or message Tillsonburg Kinettes on Facebook.
WHEN TO DONATE	Before December 5, 2026.

The Salvation Army, Tillsonburg

PROGRAM	TSA Angel Tags
DONATIONS OF	Items on individual angel tags.
HOW TO DONATE	Pick up an Angel Tag, buy the requested items on the tag, and bring the new, unwrapped items back to the drop-off location listed where you picked up the tag.
WHEN TO DONATE	While Angel Tags are available at each location.
LOCATION	Angel Tags can be picked up at the following locations in Tillsonburg: The Salvation Army, Rogers, Sobey's, Mail Donation Box, The Olive Eatery, Zehrs, Tillsonburg Little School, Beautifully Obsessed, Loads of Laundry, Stauffers, Nectar, Broadway Tim Hortons, Swiss Chalet.
CONTACT	519-485-4961 | tillsonburgcc.info@salvationarmy.ca

Helping Hand Food Bank

DONATIONS OF	Non-perishable food items.
HOW TO DONATE	Donations can be dropped off Tuesday or Wednesday mornings at the back of the building.
WHEN TO DONATE	Year-round.
LOCATION	131B Rolph St., Tillsonburg
CONTACT	519-688-3434 ext. 201 | coordinatorhhfbtburg@gmail.com

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Tillsonburg Multi-Service Centre

VOLUNTEER POSITION	Meals on Wheels; Transportation driver; Volunteer tutor.
HOW TO SIGN UP	https://multiservicecentre.com/volunteer/
CONTACT	519-842-9000 | info@multiservicecentre.com

Norwich

DONATIONS OF	Non-perishable food items, personal hygiene items, gently used and new clothing and home goods.
HOW TO DONATE	Donations can be dropped off at the Salvation Army Norwich location on Tuesdays, Wednesdays, Thursdays, and Fridays between 9:00 am and 4:30, and Saturdays between 9:00 am and 3:00 pm.
WHEN TO DONATE	Year-round.
LOCATION	18 Main St. W., Norwich.
CONTACT	519-863-6375 | april.greenwood@salvationarmy.ca

Thamesford

Cycles of Life, Thamesford

PROGRAM	Community Outreach Tables
DONATIONS OF	Non-perishable items, clothing, footwear, hygiene products.
HOW TO DONATE	Visit any of the outreach table locations during operating hours, the Ingersoll Library (130 Oxford St., Ingersoll) or the Tillsonburg Library (2 Library Lane, Tillsonburg).
WHEN TO DONATE	Year-round.
CONTACT	226-777-4008 | cyclesoflife.fstl@gmail.com
VOLUNTEER POSITION	A variety of volunteer positions are available, including supporting community tables, picking up or dropping off donations, and helping with events.
HOW TO SIGN UP	Visit https://www.cyclesoflife.ca/volunteer