

INGERSOLL

Where Can I Access Food Right Now?

- **Salvation Army Food Bank—48 Charles St W (Side Door)**

By appointment on Tuesdays and Thursdays from 12:00 - 4:00 pm

Call 519.485.4961

- **Operation Sharing-Food For Friends—118 Church St (Trinity United Church)**

Food cards given on Tuesdays and Thursdays 9:00 - 12:00 pm (while quantities last)

- **Cycle of Life –Community Outreach Table**

Tuesdays from 1:00—3:00 pm

Heritage Court (Downtown Gazebo)

- **Ingersoll and District Inter-Church**

Call 519.933.7730 for support.

Emergency Meal FOOD

MEAL

- **Community Meal—56 Thames St S (St. Paul's Church)**

Wednesdays, 4:00 -5:30 pm, delivery recommended.

Call 519.425.1267 to register.



Oxford County
Community Health Centre

EVERY ONE MATTERS.

TILLSONBURG

Where Can I Access Food Right Now?

- **Helping Hand Food Bank - 55A Broadway St**
By appointment only, call 519.688.3434
Office hours: Tuesday to Thursday 9:00 am - 12:00 noon
Food distribution: Wednesdays 12:00 pm -3:30 pm
- **Salvation Army - Community & Family Services - 155 Broadway St (Upstairs)**
By appointment only, call 519.842.4447 ext. 104
Monday to Thursday 9:00 am-4:00 pm
Closed from 12:00-1:00 pm daily and at 12:00 pm on Fridays
- **St. Vincent De Paul's, St Mary's**
Call 519.842.3224 ext. 4, leave a message.
Emergency Food.
- **Cycles of Life—Community Outreach Table—19 Queen Street (Upper Deck Youth Centre)**
Thursdays 3:00– 5:00 pm

MEALS

- **Open Doors Community Meal - 101 Bidwell Ave (Faith Presbyterian Church)**
Fridays, meal starts at 6:15 pm
- **"In the Light" Community Dinner - 19 Queen Street (Upper Deck Youth Centre)**
Sundays, meal starts at 5:00 pm
- **St. Paul's United Church - 88 Bidwell Street**
Call 519-688-0011 for support.
Emergency Food



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WOODSTOCK

Where Can I Access Food Right Now?

- **Salvation Army Food Bank - 190 Huron St**

By appointment call 519.539.6166

Monday to Wednesday 9:45-12:00 pm

Thursdays 9:45-12:00 pm, 1:30-4:00 pm, Fridays 11:45-1:30 pm

Drop In (coffee, baked goods and bread) Monday to Friday 9:00-4:00 pm

- **Operation Sharing-Food For Friends - 22 Wilson Street (College Ave United Church)**

Use Bullwinkle's door, food cards given (while quantities last)

Mondays, Wednesdays & Fridays: 9:00 -12:00 pm

- **Cycles of Life - Community Outreach Table - 22 Wilson Street (College Ave United Church)**

Monday, Wednesday & Friday: 1:00-3:00 pm

MEALS

- **Bullwinkle's - 22 Wilson St (College Ave United Church)**

Take Out: Tuesdays, Wednesdays & Thursdays from 12:00-1:00 pm, Free-will offering.

- **The Refuge Hot Lunch– Parking Lot 285 Dundas Street (United Church)**

Starting Wednesday May 25th 12:30pm

- **Community Free Table - 560 Dundas St (Church of the Epiphany)**

TAKE OUT: Saturdays 11:30 -1:00 pm

- **The INN - 723 Dundas St (Old St Paul's Anglican Church)**

Meal available even to those not planning to stay the night

7 days a week; 7:00-7:30 pm



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