

# COVID-19 (Novel Coronavirus) Food Access Oxford

## Emergency Food and Free and Low-Cost Meals in Oxford

March 30, 2020

Emergency food access programs in Oxford:

Program	Status
<b>Adelaide Soup Bowl Woodstock</b>	No service. 519-537-5261
<b>St. Paul's United Church Tillsonburg</b>	Cancelled. 519-688-0011
<b>St. Paul's Presbyterian Church Ingersoll</b>	Lunch bunch bagged outside – Wednesday. 519-485-3390
<b>STICH Supper Club</b>	Cancelled. 519-537-1285
<b>Angel Breakfast</b>	Cancelled. 519-537-7935
<b>Trumpet of Truth - The Refuge</b>	Monday-Friday 8:00-4:00pm 425 Dundas Street Breakfast & Lunch provided
<b>Operating Sharing</b>	Food cards are given out on <u>Monday</u> , <u>Wednesday</u> and <u>Friday</u> 9:00-12:00pm 22 Wilson St (519) 539-3361
<b>Bullwinkle's</b>	Take out will be available Tuesday, Wednesday & Thursday 11:45-1:30pm College Ave Church 22 Wilson St. *Take out containers will be provided*
<b>Avondale United Church</b>	Not in operation. 519-842-5532

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<b>VON Meals on Wheels</b>	Running using frozen meals and 1 day hot meals at a cost of \$6.50-\$6.60/meal. 519-539-1231 ext. 0
<b>Helping Hands Food Banks</b>	Open 12-4pm on Wednesday, will deliver if needed to seniors. 519-688-3434
<b>Salvation Army Woodstock</b>	Foodbank open Monday, Wednesday, Friday by appointment only. 519-539-6166 ext. 21
<b>Salvation Army Tillsonburg</b>	Foodbank by appointment only. 519-842-4447 ext. 104
<b>Salvation Army Norwich</b>	Foodbank by appointment only. Delivery available. 519-863-6375 or 519-532-2935
<b>Salvation Army Ingersoll</b>	Foodbank Tuesday and Thursday 12-4pm by appointment only. 519-485-4961
<b>Tavistock Assistance Program</b>	Awaiting response. 519-655-3500
<b>Operation Sharing- The Inn</b>	Awaiting response. 519-539-3361
<b>Operation Sharing – Food for Friends</b>	Awaiting response. 519-539-3361 (Woodstock) 226-232-4034 (Ingersoll)
<b>Help Your Community</b>	“Help Your Community” provides food for those who can’t obtain essential items during the COVID-19 pandemic. Companies and individuals can donate to Help Your Community. Donations will be used to buy a wide range of essential grocery items from at greatly reduced prices from some of our sponsors. Products that will be purchased will be donated directly to families in our community once a week, or to The Helping Hand Food Bank in Tillsonburg and Norwich. <a href="https://helpyourcommunity.ca/">https://helpyourcommunity.ca/</a>

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<b>Student Nutrition Program/United Way Oxford Partnership for Families Needing Food</b>	If you are struggling with getting food for your family, please contact the United Way of Oxford at <a href="mailto:info@unitedwayoxford.ca">info@unitedwayoxford.ca</a> or 519-539-3851 (1-877-280-1391).
<b>Cycles of Life</b>	Open Monday and Thursdays from 1:00-3:00PM at 426 Dundas St located in the Women's Employee Resource Center. Open Tuesdays from 1:00-3:00PM in Ingersoll located in Heritage Court (beside the gazebo). Non-perishable food items, fruit/vegetables and toiletries are available for pick up.

### Grocery stores in Oxford that provide delivery and pick up services

Price for services will be categorized from least expensive (\$) to most expensive (\$\$\$\$)

All services that provide delivery have to option to deliver

Program	Description
<b>AJ Indian Grocery Store Inc</b>	No delivery or pick up services available at this time.
<b>Bre's Fresh Market</b>	Will not be opening until June 1 <sup>st</sup> . Please call for updates on services.
<b>Country Table, Tillsonburg</b>	Provides pick up service at the front door. Please call ahead to create your order 519-688-2662. Cash, credit/debit options available. \$
<b>Food Basics Woodstock</b>	No pick up or delivery options at this time.
<b>Foodland Ingersoll</b>	Pick up and delivery options available. Please call to create your order 519-485-1430.
<b>Foodland Woodstock</b>	No pick up and delivery options available at this time.
<b>Foodland Norwich</b>	No pick up and delivery options available at this time.
<b>Giant Tiger Ingersoll</b>	No pick up or delivery options at this time.
<b>Great Canadian Dollar Store</b>	No pick up or delivery at this time.
<b>McKay's Embro Food Market</b>	No pick up or delivery at this time.
<b>Metro Tillsonburg</b>	No pickup or delivery at this time.

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<b>S&amp;D Country Market Tillsonburg</b>	Please call to create your order 519-550-6237. Will provide pick up and delivery services. Cash, credit/debit payment options available at this time. \$
<b>Sam's Valu-Mart Tavistock</b>	No pickup or delivery at this time. In the process of creating delivery services. Please call for updates to their services 519-655-3935.
<b>Scotts NoFrills Woodstock</b>	No delivery or pickup options at this time. PC Express unavailable at this site.
<b>Sobeys Woodstock</b>	No pickup or delivery at this time. Please call for an update in service options 519-421-3340.
<b>Sobeys Tillsonburg</b>	Monday delivery option available at this time. Will deliver to multiunit dwellings. Price \$10.00 flat fee, credit card only for Tillsonburg area only. Please call 519-688-1734 to create your order. \$\$
<b>Tremblett's Independent Grocers</b>	PC Express pickup and delivery available. Please go to the website to create your order. Once you are ready to check out your PC Express order, please put in the comment section as pickup or delivery <a href="https://www.yourindependentgrocer.ca/">https://www.yourindependentgrocer.ca/</a> Prices vary for delivery; \$5.00 fee within Ingersoll and a flat fee of \$10.00 for delivery outside of town. If you do not have access to a credit card, please call this number 519-425-4406 ext. 6 to create your order by phone. \$\$
<b>Walmart Woodstock</b>	Pick-up services available. Please go to the website to create your order and select "pick up" at check out. Limited pickup times available, please create your order in a few days in advance. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website <a href="https://www.walmart.ca/en/grocery/N-117">https://www.walmart.ca/en/grocery/N-117</a> For more questions, please call 519-539-5120. \$
<b>Walmart Tillsonburg</b>	Pick-up services available. Please go to the website to create your order and select "pick up" at check out. Limited pickup times available, please create your order in a few days in advance. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website <a href="https://www.walmart.ca/en/grocery/N-117">https://www.walmart.ca/en/grocery/N-117</a> For more questions, please call 519-842-7770. \$

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<b>Zehrs Market Woodstock:</b>	PC Express pickup option available, please go to the website to create your order. No fee for pickup at this time. Only credit option available for payment. Please call 519-421-3411 ext 411 for more questions related to the PC Express pickup option. <a href="https://www.zehrs.ca/store">https://www.zehrs.ca/store</a> \$
<b>Zehrs Tillsonburg</b>	PC Express pickup option available, please go to the website to create your order <a href="https://www.zehrs.ca/store">https://www.zehrs.ca/store</a> No fee for pickup at this time. Only credit option available for payment. Please call 519-842-9031 for more details. \$
<b>FoodFund</b>	<p>An online, subscription-based platform that connects imperfect or surplus produce from farms and distributors to households within the community. Each box supports local growers, keeps delicious produce out of landfills and allows you to invest towards a more socially conscious food system. Cost: \$10-\$40 based on size of box ordered          Ordering: Order online. Payments made online by debit or credit card. No contracts, choosing to skip a week or cancelling is hassle-free          Service Area: Woodstock, Ingersoll and Tillsonburg.</p> <p>Contact <a href="mailto:family@foodfund.ca">family@foodfund.ca</a> to see if they will deliver to your address.          Delivery: Delivered to your doorstep every Saturday (Woodstock)</p> <p><a href="http://www.foodfund.ca">www.foodfund.ca</a></p>
<b>Instacart</b>	Instacart is a grocery store delivery option available online. Payment method of Credit/Debit only available for this service. When you go to the website <a href="https://www.instacart.ca/">https://www.instacart.ca/</a> please put in your postal code to see if this option is available for you. Fees range depending on your location. You can put the option to “leave your groceries outside your door” so you do not have to have contact with the individual delivering the groceries. Please review the website for more details. \$\$\$
<b>Other</b>	<p>Other services available: Skip the Dishes, GoodFood and Uber Eats: \$\$\$\$</p> <p>Other details for food services in Oxford, please visit <a href="http://211.ca">211.ca</a></p>